

BELLS CORNERS UNITED CHURCH

3955 Old Richmond Rd., Nepean, ON K2H 5C5

Website: www.bcuc.org **Email:** office@bcuc.org

Facebook: @bellscornersunitedchurch

YouTube: Bells Corners United Church

Ministers: Rev. Kim Vidal, Rev. Lorrie Lowes

Music Director: Abe TeGrotenhuis

Office Administrators: Ruth Timms, Ellen Boynton

Acting Chair, Church Board: Jordan Berard

Church Office Hours: Monday /Wednesday/Friday 9-11 am

ANNOUNCEMENTS: January 23, 2022

ACKNOWLEDGING THE TERRITORY

We acknowledge that we are gathered on the unceded traditional territory of the Algonquin Anishinaabe First Nation. We pay respect to the elders past and present and honour all indigenous people's reverence of this land throughout the ages. May we live in peace and friendship to sustain the earth and all its people. All my relations.

Current Office Hours: For the present the church office will be open Monday, Wednesday & Friday, 9-11 am.

Lectionary Group meets Tuesday, January 25 at 10:30 am via Zoom.
Facilitator: Rev. Lorrie Lowes. All welcome to attend!

Prayer Circle continues. Join us from the comfort of your homes or wherever you are. Pray with us at 8 pm every Wednesday. If you have any prayer requests, please send them to Rev. Kim or Rev. Lorrie.

2022 Givings Envelopes are available on the table in the Entryway for you to pick up at your convenience. They are arranged by envelope number.

***NOTE:** Bert Donnelly has had his e-mail hacked. If you get a message from him do not answer it. And if you have responded and have sympatico as a provider you may contact Ross Brown at: ross.brown@sympatico.ca for help.

INTERAC E-TRANSFER: To transfer funds directly to BCUC through your online banking service, first set up BCUC as an Interac e-Transfer payee using 'treasurer@bcuc.org' as the email address.

Then, for each transaction to send money, please enter the dollar amount, select your bank account for withdrawal of funds and select BCUC as the payee.

In the Message line, add your Name and the Purpose of the Funds, if other than a regular donation, and, for a charitable receipt add your envelope number or home address.

Note: a security question & answer is not required as BCUC has enabled Auto deposit of your funds into the BCUC Operating Account.

Final Step: Review your transaction details to ensure they are complete & correct before pressing SEND.

Thank you for your donation.

Stewardship Campaign 2022 will take place on the Sundays of Jan 23, 30 and Feb 6. Thank you once again for your continued support through your time, talents and treasures to the life and works of BCUC.

Jigsaw Puzzles: Puzzles in a variety of sizes are on a table in the entryway and you are welcome to come by during office hours and borrow a puzzle or two or to donate puzzles you may have received for Christmas, have done and are now ready to give away. A new stash has been found, so come by and have a look!

Coffee & Friends will resume meeting weekly when COVID restrictions allow. If you are looking for conversation and friendship, come along and join the group. For details, call Bev Wilcox at 613-829-1180.

THE HAPPINESS PROJECT – A Mental Health Support Initiative

As we all know, the pandemic has taken a toll on our mental health. Since this is a topic not often raised in faith communities, our church has teamed up with Christ Church Bells Corners and St. Martin de Porres Church to form a mental health support group. We're calling it **The Happiness Project**. For more information, please contact Michael Hammond at happinessprojectottawa@gmail.com. Please follow the group on:

Website:

happinesstottawa.weebly.com

Facebook:

<https://www.facebook.com/happinessottawa>

YouTube:

<https://www.youtube.com/channel/UCM-zqe8Ntgi72LPUGHetpFA>

We have three upcoming events and we're inviting you to come and join us. Mark them on your calendar!

January 26th, 11 am - Introduction to The Happiness Project

With creator and speaker Mike Hammond, launching a new three-parish initiative in partnership with CCBC, St. Martin de Porres, and Bells Corners United Church. We will consider what kinds of events and activities The Happiness Project might organize to normalize discussions of mental health. Click the link and install the Zoom app

<https://us02web.zoom.us/j/86944591345?pwd=ODErR0poUktCUSTVWGVMUUXBeSthQT09>

Meeting ID: 869 4459 1345

Passcode: 316040

February 2nd, 11 am - The Pandemic's Impact on Mental Health

We welcome back nurses Heather McGrath & Elayne Bonnell to facilitate a conversation on how the COVID pandemic has presented challenges for all of us. Heather and Elayne were the co-facilitators of our Caregivers Workshop. Click the link and install the Zoom app

<https://us02web.zoom.us/j/86944591345?pwd=ODErR0poUktCUSTVWGVMUUXBeSthQT09>

Meeting ID: 869 4459 1345

Passcode: 316040

February 6, 2022, 2 pm – Teaching Education in Action: What to do, when you don't know what to do. In collaboration with the Suzuki Association of Ontario. Guest Speaker: Michael Hammond

This event is a pay-as-you can event with a suggested donation of \$10-20. The proceeds of the event will be shared 50/50 with the [Do It For Darin Foundation](#) supporting youth mental health, and the Suzuki Association of Ontario. To register:

<https://suzukiontario.org/events/#id=101&wid=801&cid=1791>

AN APPEAL TO HELP TYPHOON ODETTA VICTIMS IN CEBU, PHILIPPINES

The Finance Committee of Grace-St. Andrews United Church in Arnprior (269 John St N, Arnprior, ON K7S 2P3), where the Rev. Ronnie Magno is presently

serving, in partnership with the Cebu Conference of the United Church of Christ in the Philippines, is making an appeal to consider helping as you are able, to victims of typhoon Odette in the Philippines from January 16th until February 13, 2022. If you wish to donate, please MARK ON THE MEMO LINE "TYPHOON ODETTA ". CHEQUES MADE PAYABLE TO "GRACE - ST. ANDREW'S". You may also donate through e-transfer with this email address: office@gsachurch.ca

UPCOMING WORSHIP SERVICES: (In the comfort of your home!)

Text format of the worship service will be emailed to you.

Video recordings and text will be posted on our website at bcuc.org.

Tune in via Telephone anytime: 613-820-8104

Season of Epiphany:

Jan 23 – 3rd Sunday after Epiphany / Stewardship 1

Sermon Focus: "The Jesus Manifesto" (Luke 4: 14-21)

Jan 30 – 4th Sunday after Epiphany / Stewardship 2

Worship Leader: Rev. Lorrie Lowes

Feb 6 – 5th Sunday after Epiphany / Stewardship 2

Sermon Focus: "Deep Waters" (Luke 5: 1-11)

BCUC Men's Club Coffee Morning Friday gatherings are currently via Zoom.

Contact: David Stafford at 613-592-0296 or email at davidstafford@sympatico.ca

For Sale in the Office:

The following items may be purchased by visiting the office:

* **Credit/Debit/Gift Card Tabs** are available. A package of four costs \$5.00.

These tabs can be attached to your cards for easy access when hidden in wallet slots.

***Lanyards** for wearing on your wrist to hold your keys are available for \$5 each.

Grocery Gift Cards Available for Purchase: Please help support fundraising for BCUC by purchasing grocery gift cards. The office has the following grocery cards available for purchase:

Loblaws - \$50, \$100, \$250

Metro - \$50, \$100

Sobeys/FreshCo/IGA - \$50 & \$100

You may pay with cash or cheque payable to BCUC, with 'gift card' in the memo line.

The construction of the **Church/Community Building in Chipembi, Zambia** is proceeding! We've had a wonderful start to our fundraising for this partnership project thanks to some generous donations from members at BCUC in memory of loved ones and money raised previously in anticipation of a building project. **At last count we had raised over \$12,500! You can Help!** Buy a virtual "brick" - or many! - at \$5 each. Gather your family, your friends, your choir, your Sunday School class... raid your piggy bank, hold a fundraiser, return bottles... Use your imagination! **Make your donation to Bells Corners United Church (Zambia Partnership Fund).** Let's make a difference in this small community!

The EOORC is hiring a Camp Awesome Director!

For over 20 years Camp Awesome has provided faith-based summer day camps to 1000's of children and their families. and leadership training and work experience to hundreds of youth and young adults in the great Ottawa area.

We're growing and we're looking for a **dynamic individual** with **vision** and **energy** to help grow Camp Awesome throughout the Region.

Full position description [HERE](#).

Questions: dducette@united-church.ca

Closes: January 28th, 2022

CONTINUE TO GIVE! Thank you for your continued love and support to BCUC! Please remember that costs of maintaining the church and paying salaries still need to be met. Your generosity is much appreciated. The following options are available:

- E-transfer
- Drop off offering envelopes or cheques in the mail slot located in the kitchen door or mail them to BCUC.
- For non-PAR users, consider using PAR – call the office for more information.
- Donate through canadahelps.org
- Contact the church office about donating Securities.

KEEP INFORMED! Visit the Bells Corners United Church Facebook page? If you have a Facebook account, please follow us and like our BCUC page.

Information is posted on a regular basis. You can also subscribe to our YouTube page! Watch one of our church services and click subscribe! Please visit our website bcuc.org where you will find video recordings and text format of the worship services, Sunday School resources and weekly announcements and updates.

Long Term Care Facility Residents

Please keep the following people in your prayers

<i>Beth Begbie</i>	<i>Thornclyffe Place, Nepean</i>
<i>Harold & Bea Blackwell</i>	<i>Stillwater Creek, Nepean</i>
<i>Ida Blackwell</i>	<i>Carleton Lodge, Nepean</i>
<i>Betty Clarke</i>	<i>Carlingview Manor, Ottawa</i>
<i>Ken Davidson</i>	<i>Stillwater Creek, Nepean</i>
<i>Bill Dormer</i>	<i>Saint-Vincent Hospital, Ottawa</i>
<i>Kathy Eaton</i>	<i>Starwood, Nepean</i>
<i>Jack Fraser</i>	<i>Park Place Seniors' Suites & Retirement Residence</i>
<i>Geoff Gale</i>	<i>The Ravines, Ottawa</i>
<i>Marion Helgason</i>	<i>Stillwater Creek, Nepean</i>
<i>Doug MacKechnie</i>	<i>Stillwater Creek, Nepean</i>
<i>Barbara McFall</i>	<i>Lynwood Park Lodge, Nepean</i>
<i>Dave Peck</i>	<i>Valley Stream Manor, Nepean</i>
<i>Thelma Seguin</i>	<i>Robertson House, Nepean</i>
<i>Sherrill Shaver</i>	<i>Garden Terrace, Kanata</i>
<i>Jim Walker</i>	<i>The Courtyards on Eagleson, Kanata</i>
<i>Pat Westmaas</i>	<i>St. Pat's Home, Ottawa</i>
<i>Bill Wilson</i>	<i>Redwoods, Nepean</i>

If you know of other congregation members who should be included in this list, please call the office with details.



We are a group of volunteers who are helping the Afghans who helped our Canadian Forces Ottawa and many are currently looking for housing as they have now received their Canadian documents.

They have begun settling the Afghan refugees and some of the families are large. I think they are moving 10 families out of the temporary housing this week. Here is the wish list: Please note we are not asking or accepting clothes and are only providing furniture to the families

We also ask items be washed, clean and not torn.

1. Everything Kitchen (pots, pans, cutlery, toasters, microwaves, spatulas, dishes, glasses, mugs etc) Kettles for boiling water is a big thing.
2. Beds - Mattresses and **Box springs** - singles, bunkbeds, double and queen size (singles are in huge demand as the families are quite large) cribs. We are not accepting king size beds at the moment.
3. Bedding - sheets, blankets, pillows, pillowslips
4. Dressers -
5. Sofas and living room chairs
6. Dining Table and chairs
7. Lamps
8. Desks (not large ones please)

In short - just about everything but clothes and king size mattresses. Drop off is across from St. Elias Greek Orthodox on Ridgewood Avenue. Warehouse is not always open so it would be best to contact me to arrange drop-off time.

People can contact us at Afghanmove2022@gmail.com or telephone Mary Logan directly @ 613 853 1576 (***Note correction to e-mail address**)